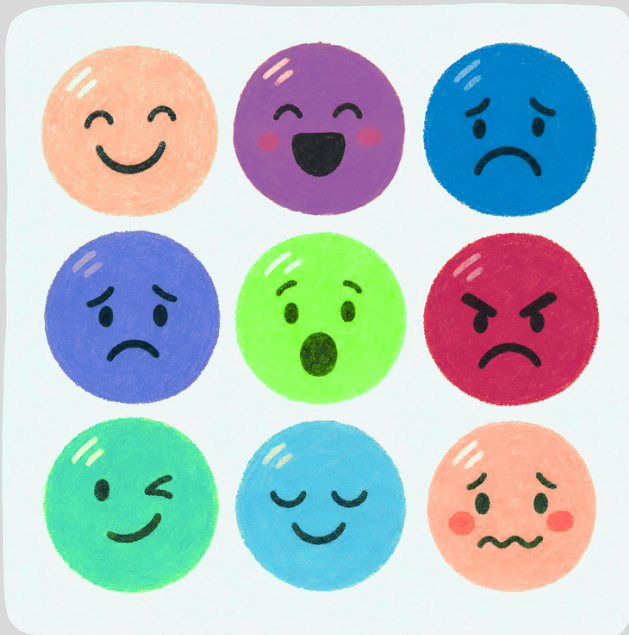


Emotional Dysregulation: Who, What, Why, and What now



WHERE:

1351 S REDONDO CENTER
DR, YUMA, AZ, 85365

PRICE: \$40

COURSE OBJECTIVES

- **WHO:** Identify who experiences emotional dysregulation and who is at an increased risk
- **WHAT:** Differentiate emotional dysregulation from healthy expression and regulation of emotion
- **WHY:** Holistically explain the causes of emotional dysregulation
- **WHAT NOW:** Demonstrate trauma-informed techniques to prevent and mitigate an individual experiencing a behavioral health crisis

Location: AWC Reskilling and Technology Center, 1351 S. Redondo Center Dr, Yuma AZ 85365

Email: ContinuingED@azwestern.edu | **To Register and Pay:** (928) 317-7674

Registration Hours: Mon - Thurs 8AM - 5PM, Fri 8AM - 4PM payments accepted via phone, mail or walk in. Please make checks payable to AWC. Visa, MasterCard, and Discover cards accepted.

Refund Cancellation Policy: A 100% refund will be granted if a request is made 2 business days prior to the start of class. A 50% refund will be issued if notice is received less than 2 business days prior to class. No refunds will be issued after that. If a class is canceled due to low registrations, we will contact you 2 business days prior.