

ARIZONA WESTERN COLLEGE  
SYLLABUS

LMT 221 Massage For The Medically Frail: Hospital or Hospice

Credit Hours: 3 Lec: 1 Lab: .5 Clinical: .5

PREREQUISITE: Must hold an Arizona State License for massage therapy or have instructor permission. Current card holder for TB clearance and CPR for healthcare providers.

COURSE DESCRIPTION

A study of massage therapy in the hospital setting as supportive care. Focusing on hospital culture, communication and research, students will learn to adapt massage therapy techniques to address patient issues within the clinical framework of the hospital or in a hospice situation.

1. CLASS GOAL

To familiarize students with in-patient care, medically frail, palliative care and hospice care patients/clients.

2. COMPENTENCIES:

Upon satisfactory completion of this course, students will be able to:

2.1 describe the history and current role of massage therapy in the hospital setting

2.1 define “evidence based practice”

2.1 develop a safe massage treatment plan in the hospital setting

2.1 demonstrate competency in evaluating research and understanding research outcomes.

2.1 demonstrate effective infection control protocol and practice.

2.1 demonstrate effective clinical decision making in developing massage protocols for hospitals, hospices, extended care facilities and medical offices to include establishing referral practices and education of patients and families

2.1 define clinical framework in both a hospital and home setting for the medically frail.

2.1 demonstrate safe, effective massage treatment plan for special populations

3. METHODS OF INSTRUCTION

3.1 Lecture

3.2 Multi-media presentations

4. LEARNING ACTIVITIES

4.1 Group discussions

4.2 Practice of techniques

4.3 Written assignments

5. EVALUATION

5.1 Class participation

5.2 Quizzes

5.3 Practical assessment

5.4 Lab and clinical hours

## 6 STUDENT RESPONSIBILITIES

- 6.1 Under AWC Policy, students are expected to attend every session of class in which they are enrolled.
- 6.2 If a student is unable to attend the course or must drop the course for any reason, it will be the responsibility of the student to withdraw from the course. Students who are not attending as of the 45th day of the course may be withdrawn by the instructor. If the student does not withdraw from the course and fails to complete the requirements of the course, the student will receive a failing grade.
- 6.3 Americans with Disabilities Act Accommodations: Arizona Western College provides academic accommodations to students with disabilities through AccessABILITY Resource Services (ARS). ARS provides reasonable and appropriate accommodations to students who have documented disabilities. It is the responsibility of the student to make the ARS Coordinator aware of the need for accommodations in the classroom prior to the beginning of the semester. Students should follow up with their instructors once the semester begins. To make an appointment call the ARS front desk at (928) 344-7674 or ARS Coordinator at (928) 344-7629, in the College Community Center (3C) building, next to Advising.
- 6.4 Academic Integrity: Any student participating in acts of academic dishonesty—including, but not limited to, copying the work of other students, using unauthorized “crib notes”, plagiarism, stealing tests, or forging an instructor’s signature—will be subject to the procedures and consequences outlined in AWC’s Student Code of Conduct.
- 6.5 Text and Notebooks: Students are required to obtain the class materials for the course