

ARIZONA WESTERN COLLEGE
SYLLABUS

PED 120 LEISURE AND THE QUALITY OF LIFE

Credit Hours: 3 Lec 3

PREREQUISITE: None

COURSE DESCRIPTION

Conceptual foundation for understanding the role of leisure in quality of life. Social, historical, psychological, cultural, economic, and political foundations of play, leisure and recreation are explored. Nature of play and leisure behavior in human development within different cultures and the contribution play, recreation, and leisure make to the quality of life for individuals in today's society.

1. COURSE GOAL

This course prepares learners to have a working knowledge of all three sectors in the field of recreation in today's society.

2. OUTCOMES

Upon satisfactory completion of this course, students will be able to:

- 2.1 Understand the role of recreation, play, and leisure in quality of life.
- 2.2 Identify the conceptual foundation of play, recreation, and leisure from an historical, psychological, sociological, physiological, cultural, and philosophical perspective.
- 2.3 Demonstrate knowledge of human growth and development throughout the life.
- 2.4 Cycle including the contributions of leisure to growth, development and self-expression.
- 2.5 Show the significance of play, recreation, and leisure across the life span for all persons and in different societies.
- 2.6 Identify the technological, economic, political, and cultural significance of play, recreation, and leisure.
- 2.7 Describe the interrelationship between leisure behavior and the natural environment.

3. METHODS OF INSTRUCTION

- 3.1 Lecture
- 3.2 Observation
- 3.3 Demonstration
- 3.4 Guest lectures
- 3.5 Class activities

4. LEARNING ACTIVITIES

- 4.1 Participation
- 4.2 Evaluation exercises
- 4.3 Class activities
- 4.4 Group discussion

5. EVALUATION

- 5.1 Participation
- 5.2 Exams
- 5.3 Demonstration of competencies stated

6. STUDENT RESPONSIBILITIES

- 6.1 Under AWC Policy, students are expected to attend every session of class in which they are enrolled.

- 6.2 If a student is unable to attend the course or must drop the course for any reason, it will be the responsibility of the student to withdraw from the course. Students who are not attending as of the 45th day of the course may be withdrawn by the instructor. If the student does not withdraw from the course and fails to complete the requirements of the course, the student will receive a failing grade.
- 6.3 Americans with Disabilities Act Accommodations: Arizona Western College provides academic accommodations to students with disabilities through AccessABILITY Resource Services (ARS). ARS provides reasonable and appropriate accommodations to students who have documented disabilities. It is the responsibility of the student to make the ARS Coordinator aware of the need for accommodations in the classroom prior to the beginning of the semester. Students should follow up with their instructors once the semester begins. To make an appointment call the ARS front desk at (928) 344-7674 or ARS Coordinator at (928) 344-7629, in the College Community Center (3C) building, next to Advising.
- 6.4 Academic Integrity: Any student participating in acts of academic dishonesty—including, but not limited to, copying the work of other students, using unauthorized “crib notes”, plagiarism, stealing tests, or forging an instructor’s signature—will be subject to the procedures and consequences outlined in AWC’s Student Code of Conduct.
- 6.5 Texts and Notebooks: Students are required to obtain the class materials for the course.
- 6.6 Arizona Western College students are expected to attend every class session in which they are enrolled. To comply with Federal Financial Aid regulations (34 CFR 668.21), Arizona Western College (AWC) has established an Attendance Verification process for “No Show” reporting during the first 10 days of each semester. Students who have enrolled but have never attended class may be issued a “No Show” (NS) grade by the professor or instructor and receive a final grade of “NS” on their official academic record. An NS grade may result in a student losing their federal financial aid. For online classes, *student attendance in an online class is defined as the following* (FSA Handbook, 2012, 5-90):
- Submitting an academic assignment
 - Taking an exam, an interactive tutorial or computer-assisted instruction
 - Attending a study group that is assigned by the school
 - Participating in an online discussion about academic matters
 - Initiating contact with a faculty member to ask a question about the academic subject studied in the course