

ARIZONA WESTERN COLLEGE  
SYLLABUS

CUL 144 MENU PLANNING

Credit Hours: 2 Lec 2

PREREQUISITE: NONE

COURSE DESCRIPTION

A course designed to provide knowledge about menu planning to meet the Recommended Dietary Allowances (RDA) established by the Food and Nutrition Board of National Academy of Sciences while also considering cost, staffing and facility constraints.

1. COURSE GOALS

- 1.1 To provide the environment for students to develop menu-planning skills.
- 1.2 To provide opportunities for students to practice these skills.
- 1.3 To give students the tools to evaluate, adapt and merchandise menus.
- 1.4 To provide the students with practice in calculating quantities to purchase, developing production sheets, and costing menus.

2. OUTCOMES

Upon satisfactory completion of this course, students will be able to:

- 2.1 demonstrate basic skills in menu planning.
- 2.2 apply knowledge of the U.S. Dietary Guidelines to menu planning.
- 2.3 use systematic approach in evaluating a menu.
- 2.4 adapt the basic menu to accommodate needs and likes of adults and children at various ages and stages of development, regional/ethnic preferences, and seasonal changes.
- 2.5 relate the role that menu planning plays in successful food service operations.
- 2.6 devise various techniques that could be used successfully to merchandise the menus planned.
- 2.7 calculate quantities of food stuffs to purchase.
- 2.8 develop production sheets.
- 2.9 apply formulas for costing menus.

3. METHODS OF INSTRUCTION

- 3.1 Discussion
- 3.2 Audio-visuals
- 3.3 Reading assigned materials

4. LEARNING ACTIVITIES

- 4.1 Reading assignments
- 4.2 Participating in class discussions
- 4.3 Viewing audio visual demonstrations

5. EVALUATION

- 5.1. Quizzes
- 5.2. Assignments
- 5.3. Participation

6. STUDENT RESPONSIBILITIES

- 6.1 Under AWC Policy, students are expected to attend every session of class in which they are enrolled.
- 6.2 If a student is unable to attend the course or must drop the course for any reason, it will be the responsibility of the student to withdraw from the course. Students who are not attending as of the 45th day of the course may be withdrawn by the instructor. If the student does not withdraw from the course and fails to complete the requirements of the course, the student will receive a failing grade.
- 6.3 Americans with Disabilities Act Accommodations: Arizona Western College provides academic accommodations to students with disabilities through Accessibility Resource Services (ARS). ARS provides reasonable and appropriate accommodations to students who have documented disabilities. It is the responsibility of the student to make the ARS Coordinator aware of the need for accommodations in the classroom prior to the beginning of the semester. Students should follow up with their instructors once the semester begins. To make an appointment call the ARS front desk at (928) 344-7674 or ARS Coordinator at (928) 344-7629, in the College Community Center (3C) building, next to Advising.
- 6.4 Academic Integrity: Any student participating in acts of academic dishonesty—including, but not limited to, copying the work of other students, using unauthorized “crib notes”, plagiarism, stealing tests, or forging an instructor’s signature—will be subject to the procedures and consequences outlined in AWC’s Student Code of Conduct.
- 6.5 Texts and Notebooks: Students are required to obtain the class materials for the course.
- 6.6 Arizona Western College students are expected to attend every class session in which they are enrolled. To comply with Federal Financial Aid regulations (34 CFR 668.21), Arizona Western College (AWC) has established an Attendance Verification process for "No Show" reporting during the first 10 days of each semester. Students who have enrolled but have never attended class may be issued a “No Show” (NS) grade by the professor or instructor and receive a final grade of “NS” on their official academic record. An NS grade may result in a student losing their federal financial aid.  
For online classes, *student attendance in an online class is defined as the following* (FSA Handbook, 2012, 5-90):
  - Submitting an academic assignment
  - Taking an exam, an interactive tutorial or computer-assisted instruction
  - Attending a study group that is assigned by the school
  - Participating in an online discussion about academic matters
  - Initiating contact with a faculty member to ask a question about the academic subject studied in the course