

ARIZONA WESTERN COLLEGE
SYLLABUS

AHE 130 NURSING ASSISTANT

Credit Hours: 5 Lec 2 Lab 2 Clinical 6

PREREQUISITE: Admission to the Nursing Assistant Program

COURSE DESCRIPTION

This course focuses on applying client self-care concepts and basic procedures relative to fundamentals of nursing, communication, nutrition, anatomy and physiology, medical terminology, legal/ethical issues, and aging. The concepts and procedures are introduced in the classroom and practiced in the college laboratory before implementation under faculty supervision in a clinical setting. This course prepares the learner for taking the certification examination to become a certified nursing assistant.

1. COURSE GOAL

- 1.1 Safely perform fundamental nursing actions in the laboratory and in providing individualized client care in a clinical setting.
- 1.2 Apply basic concepts of communication and nutrition in providing nursing assistant care to clients in a clinical setting.
- 1.3 Demonstrate behaviors that meet legal/ethical standards of nursing assistants in a clinical setting.
- 1.4 Maintain a safe environment for the client in a clinical setting.
- 1.5 Apply the role of the nursing assistant when caring for aged clients in a clinical setting.

2. OUTCOMES

Upon satisfactory completion of this course, students will be able to:

- 2.1 demonstrate effective verbal and non-verbal communication with clients, family members, staff nurses, co-workers.
- 2.2 record observations using appropriate medical terminology and abbreviations in completing clinical assignments.
- 2.3 adhere to client's rights as set forth in the "Client's Bill of Rights".
- 2.4 maintain standards set forth to promote client safety and comfort.
- 2.5 perform basic first aid, cardiopulmonary resuscitation (CPR) and the Heimlich Maneuver.
- 2.6 apply principles of basic nutrition while preparing, serving and feeding clients.
- 2.7 identify the organization of the human body, its systems, structure and functions.
- 2.8 demonstrate general principles of medical asepsis.
- 2.9 demonstrate nursing skills in the college laboratory and in client care settings.
- 2.10 identify factors and appropriate actions to prevent suspected abuse and report suspected abuse to appropriate authorities.
- 2.11 discuss legal and ethical issues related to care of clients in health care agencies.
- 2.12 describe the role of the nursing assistant in extended care and other health care facilities.
- 2.13 provide personal care for assigned clients.

3. METHODS OF INSTRUCTION

- 3.1 Readings in text
- 3.2 Lecture

- 3.3 Audio-visual materials
 - 3.4 Classroom discussion and activities
 - 3.5 Supervised laboratory experiences
 - 3.6 Supervised clinical experiences
4. LEARNING ACTIVITIES
- 4.1 Student centered class discussion
 - 4.2 Written assignments
 - 4.3 Lab practice and check-off
 - 4.4 Clinical experience
 - 4.5 Clinical conferences
 - 4.6 Self-evaluation
5. EVALUATION
- 5.1 Quizzes
 - 5.2 Written examinations
 - 5.3 Practical examinations
 - 5.4 Additional assignments as required by the instructor
6. STUDENT RESPONSIBILITIES
- 6.1 Under AWC Policy, students are expected to attend every session of class in which they are enrolled. If a student is unable to attend the course or must drop the course for any reason, it will be the responsibility of the student to withdraw from the course. Students who are not attending as of the 45th day of the course may be withdrawn by the instructor. If the student does not withdraw from the course and fails to complete the requirements of the course, the student will receive a failing grade.
 - 6.2 Americans with Disabilities Act Accommodations: Arizona Western College provides academic accommodations to students with disabilities through Accessibility Resource Services (ARS). ARS provides reasonable and appropriate accommodations to students who have documented disabilities. It is the responsibility of the student to make the ARS Coordinator aware of the need for accommodations in the classroom prior to the beginning of the semester. Students should follow up with their instructors once the semester begins. To make an appointment call the ARS front desk at (928) 344-7674 or ARS Coordinator at (928) 344-7629, in the College Community Center (3C) building, next to Advising.
 - 6.3 Academic Integrity: Any student participating in acts of academic dishonesty—including, but not limited to, copying the work of other students, using unauthorized “crib notes”, plagiarism, stealing tests, or forging an instructor’s signature—will be subject to the procedures and consequences outlined in AWC’s Student Code of Conduct.
 - 6.4 Texts and Notebooks: Students are required to obtain the class materials for the course.
 - 6.5 Arizona Western College students are expected to attend every class session in which they are enrolled. To comply with Federal Financial Aid regulations (34 CFR 668.21), Arizona Western College (AWC) has established an Attendance Verification process for “No Show” reporting during the first 10 days of each semester. Students who have enrolled but have never attended class may be issued a “No Show” (NS) grade by the professor or instructor and receive a final grade of “NS” on their official academic record. An NS grade may result in a student losing their federal financial aid.

For online classes, *student attendance in an online class is defined as the following* (FSA Handbook, 2012, 5-90):

- Submitting an academic assignment
- Taking an exam, an interactive tutorial or computer-assisted instruction
- Attending a study group that is assigned by the school
- Participating in an online discussion about academic matters
- Initiating contact with a faculty member to ask a question about the academic subject studied in the course