



Safe Space Peer Support

WHAT WE PROVIDE:

- A confidential environment where students can express their ailments and have someone to talk and receive support from.
- Non-judgmental environment who are eager to help you in a way they can.
- Emotional Support for student who are struggling with substance use and other mental health signs and symptoms.
- We are an all inclusive group; we will take anyone who comes in seriously, there is no challenge too small
- Zero tolerance when it comes to breach of confidentiality.

MEETINGS:

Every Monday from 12:00PM-1:30PM at 3C-Bldg.
Student Health & Wellness NOOK.

To sign up scan the QR Code:



CONTACT US



health.wellness@azwestern.edu



928-344-7602

WHAT IS SSPT ?

The SSPTS is a student lead peer support group geared towards students with personal challenges.

WHY DOES IT EXIST ?

The SSPTS exist for the sole purpose of providing students with a safe and confidential environment to talk about their personal and academic challenges and have a listening ear.

WHO IS IT RAN BY?

The ssps is ran by AWC studentS and the Student Counseling Professional.