

### What is TimelyCare?

Access to 24/7 Mental Health and Psychiatry support for all Arizona Western College students.

## Who can use TimelyCare?

Any enrolled Arizona Western College student can use TimelyCare.

# What services are available?

24/7 TalkNow visits (24/7 mental health support), Scheduled Counseling visits (12 per year), and Psychiatry visits (by referral) are available at no cost.

#### How do I log in?

Go to **timelycare.com/AZWestern** and follow the prompts.

\*Mobile users will be directed to download the TimelyCare app.

#### What can I be treated for?

Our counselors can treat/discuss a wide range of common conditions, and after talking to you, will decide on the best course of treatment. Some common conditions are: stress and anxiety, relationships and depression.

#### How much does a visit cost?

There is no cost to enrolled Arizona Western College students.

# I already have insurance and a primary provider, how does TimelyCare benefit me?

With TimelyCare, you will have free, 24/7 access to counselors from anywhere in the United States, so you'll never have to spend time or money looking for resources when you're away from home or campus.