

WELLNESS

Your Way

JUNE 1, 2023 - MAY 31, 2024

Earn a \$240 Wellness Incentive by completing the 2 steps below.

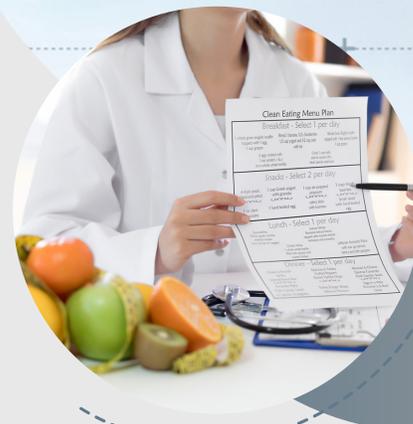
STEP 1

- ✓ Complete the Healthcare Provider Verification Form
- ✓ Annual Physical Exam & Lab Results Date need to be completed within the program dates to qualify.

STEP 2

Complete 1 of the 5 Activities

- ✓ Non-Tobacco User Affidavit Form
- ✓ Attend 3 Wellness Webinars (Live or Recorded)
- ✓ Participate in 3 Health Coaching Sessions
- ✓ Submit Receipts for Gym Equipment/Memberships
- ✓ Complete any 2 Wellness Challenges



**YA
BC**



Need help or have questions? Contact the Wellness Council of Arizona



(520) 293-3369



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