



WESTERN CATS

Family Studies & Human Development

2022-2023

To schedule an appointment with an advisor call: (928) 782-1914

Recommended Four-Year Course Plan

Year One

Fall - Semester One

Course	Title	Units	Complete
ENG 101 ~	Freshman Composition I	3	
FAS 160 ~	Close Relationships	3	
PSY/SOC 170	Human Sexuality	3	
SOC 101~	Intro to Sociology (AGEC Soc.S)	3	
AGEC	(AGEC add. Courses)	3	
Total		15	

Summer

Course	Title	Units	Complete
FAS 238 ~	Human Development	3	
PSY 101	Intro to Psychology (AGEC Soc.S)	3	
Total		6	

Spring - Semester Two

Course	Title	Units	Complete
ENG 102 ~	Freshman Composition II	3	
MAT 142~	Algebra	4	
ECE 240	Child Growth and Development	3	
PHI 105	Intro to Ethics (AGEC Humanities)	3	
Total		13	

Total Year 1 Credits	34
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Year Two

Fall - Semester Three

Course	Title	Units	Complete
Art	(AGEC Art)	3	
FAS 204	Gender Relations	3	
AGEC	(AGEC add. Courses)	3	
BIO	Pick 100/160/182/201 (AGEC science)	4	
PSY 230/ MAT 270	Statistics (pre-requisite for PSY 290)	4	
Total		17	

Spring - Semester Four

Course	Title	Units	Complete
FAS 220 ~	The Family	3	
PSY 290 ~	Research Methods	4	
NTR 201	Nutrition	3	
BIO	Pick 100/160/182/201 (AGEC science)	4	
Total		14	

Total Year 2 Credits	31
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~ Course is a prerequisite for the FSHD program at UA.
Bachelors degree requires students to complete second semester foreign language through CLEP, AP or 102 language completion.

Family Studies and Human Development

Start UA Fall Odd

OR

Start UA Fall Even

Year Three

Fall - Semester Five (odd yr)			
Course	Title	Units	Complete
FSHD 197A	Intro to FSHD	1	
FCSC 302*	Family & Personal Finance	3	
FSHD 323	Infancy & Child Development	3	
FSHD 413	Issues in Aging	3	
ALC422	Communication Knowledge	3	
Choose 1 minor course		3	
Total		16	

Spring - Semester Six (even)

Course	Title	Units	Complete
FSHD 427A	Mental Health & the Fam: Adlthd	3	
FSHD 447A	Sociocultural Context of Devel.	3	
FSHD 384	Leadership & Ethics	3	
FCSC 491	Preceptor	3	
Choose 1 minor course		3	
Total		15	

Year Four

Fall - Semester Seven (even)

Course	Title	Units	Complete
FSHD 377	Working with Adolescents	3	
FSHD 487	Theo. Interpersonal & Fam Rel.	3	
FCSC 408	Program Planning & Evaluation	3	
FSHD 401*	Basic Skills in Counseling	3	
Choose 1 minor course		3	
FSHD493	Internship	3	
Total		18	

Spring - Semester Eight (odd)

Course	Title	Units	Complete
FCSC 405*	Theories in Counseling	3	
FSHD	Independent Study/ Directed	3	
Choose 3 minor courses		9	
Total		15	

Year Three

Fall - Semester Five (even)			
Course	Title	Units	Complete
FSHD 197A	Intro to FSHD	1	
FSHD 377	Working with Adolescents	3	
FSHD 487	Theo. Interpersonal & Fam Rel.	3	
FSHD 401*	Basic Skills of Counseling	3	
FSHD 408	Program Planning and Evaluation	3	
ALC422	Communications	3	
Total		16	

Spring - Semester Six (odd)

Course	Title	Units	Complete
FSHD 384	Leadership & Ethics	3	
FSHD 405*	Theories in Counseling	3	
FCSC 491	Preceptor	3	
Choose 2 minor courses		6	
Total		15	

Year Four

Fall - Semester Seven (odd)

Course	Title	Units	Complete
FCSC 302*	Family & Personal Finance	3	
FSHD 323	Infancy & Child Development	3	
FSHD 413	Issues in Aging	3	
Choose 2 minor courses		6	
FSHD 493	Internship	3	
Total		18	

Spring - Semester Eight (even)

Course	Title	Units	Complete
FCSC 427A	Mental Health & the Fam: Adlthd	3	
FCSC 447A	Sociocultural Context of Devel.	3	
Choose 2 minor courses		6	
FSHD499	Independent Study	3	
Total		15	

*Choose 2 of these courses

Note: A minimum of 120 units is required. 56 must be University level; 42 must be upper division (300/400) . Minimum 2.0 GPA cumulative is required for graduation.

AGEC A	35
AS in Family Studies (min transferrable)	63
BS Degree (min)	120