



**University of Arizona- Yuma Academic Program**  
**Bachelor of Science – Nutritional Science w/emphasis in Nutrition**  
**Exercise, Wellness and Nutrition**



**2018-2019 Curriculum List**  
**UNOFFICIAL PLANNING GUIDE**

**ARIZONA WESTERN COLLEGE COURSES**

**ARIZONA GENERAL EDUCATION (AGEC- A)**

| Course                                     | Units | COMPLETED |
|--|-------|-----------|
| <b>A. Freshman Composition</b>             |       |           |
| a) ENG 101 Freshman Comp.                  | 3     | _____     |
| b) ENG 102 Freshman Comp.                  | 3     | _____     |
| <b>B. Mathematics</b>                      |       |           |
| a) MAT 142 College Math                    | 3     | _____     |
| OR approved higher                         |       |           |
| UA requires MAT 151                        |       |           |
| <b>C. Arts and Humanities</b>              |       |           |
| a) PHI 105 Intro to Ethics (rec,WI)        | 3     | _____     |
| b) Arts _____                              | 3     | _____     |
| <b>D. Social and Behavioral Sciences</b>   |       |           |
| a) FAS/PSY 238 Human Dev. (WI)             | 4     | _____     |
| b) PSY 101 Intro to Psych                  | 3     | _____     |
| <b>E. Physical and Biological Sciences</b> |       |           |
| a) BIO 201 Anat.& Phys                     | 4     | _____     |
| b) BIO 202 Anat. & Phys II                 | 4     | _____     |
| <b>F. Additional Course</b>                |       |           |
| a) ^SPC 215 Public Speaking                | 3     | _____     |
| b) ^SPA 102 Elementary Spanish II          | 4     | _____     |

**Major Area Courses (AWC) 23 credits**

|                                |   |       |
|--------------------------------|---|-------|
| EXW 100 Health & Well          | 3 | _____ |
| EXW 101 Concepts of Kin & Phys | 2 | _____ |
| EXW 212 Exercise Sci.          | 3 | _____ |
| MAT 270/PSY 230 Statistics     | 4 | _____ |
| NTR 201 Nutrition              | 3 | _____ |

**Select emphasis area and complete 9 credits:**

- Fitness & Exercise
- Health & Fitness

^Requirement for UA degree

**AA in Exercise, Wellness and Nutrition**  
 Completion of AGEC-A and selected coursework would permit a student eligibility for an AA in Exercise, Wellness and Nutrition.

**UNIVERSITY OF ARIZONA-YUMA COURSES**

**Major Courses UA**

| Major Courses UA                      | Units   |
|---------------------------------------|---------|
| ALC 422 Communicating Knowledge       | 3 _____ |
| ASM 195 Intro to UA                   | 1 _____ |
| *BIO 181 General Biology I            | 4 _____ |
| *BIO 182 General Biology II           | 4 _____ |
| *BIO 205 Microbiology                 | 4 _____ |
| BIOC 384 Foundations in Biochemistry  | 3 _____ |
| BIOC 385 Metabolic Biochemistry       | 3 _____ |
| *CHM 151 General Chem I               | 4 _____ |
| *CHM 152 General Chem II              | 4 _____ |
| *CHM 235 General Organic Chem I       | 5 _____ |
| *CHM 236 General Organic Chem II      | 4 _____ |
| NSC 225 Found. Skills in Nut. Science | 2 _____ |
| NSC 260 Nut. Comm. & Sci Literacy     | 3 _____ |
| NSC 301 Nutrition & Life Cycle        | 3 _____ |
| NSC 308 Nutrition and Metabolism      | 3 _____ |
| NSC 311 Obesity Prevention            | 3 _____ |
| NSC 320 Nutrition & Health Prom.      | 3 _____ |
| NSC 351R Fund of Food Sci             | 3 _____ |
| NSC 375 Diet, Genes & Disease         | 3 _____ |
| NSC 376 Bioactive Compounds           | 3 _____ |
| NSC 395A Exper. Learning in Nut Sci   | 2 _____ |
| NSC 396A Survey of Nutr. Careers      | 1 _____ |
| NSC 408 Nutritional Biology           | 3 _____ |
| NSC 410 Applied Nutrition             | 3 _____ |
| NSC 445 Assesment & Reg of Body       | 3 _____ |
| PLS/NSC 497F Comm. & School Garden    | 3 _____ |

\*Class taken through AWC

**BS in Nutritional Science w/emphasis in Nutrition**  
**120 Total Units**  
 Second Semester Foreign Language must be completed

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