



University of Arizona- Yuma Academic Program
Bachelor of Science – Nutritional Science w/emphasis in Dietetics
Exercise, Wellness and Nutrition
2018-2019 Curriculum List
UNOFFICIAL PLANNING GUIDE



ARIZONA WESTERN COLLEGE COURSES

ARIZONA GENERAL EDUCATION (AGEC- A)

Course	Units	COMPLETED
A. Freshman Composition		
a) ENG 101 Freshman Comp.	3	_____
b) ENG 102 Freshman Comp.	3	_____
B. Mathematics		
a) MAT 142 College Math	3	_____
OR approved higher		
<i>UA requires MAT 151</i>		
C. Arts and Humanities		
a) PHI 105 Intro to Ethics (rec,WI)	3	_____
b) Arts _____	3	_____
D. Social and Behavioral Sciences		
a) FAS/PSY 238 Human Dev. (WI)	4	_____
b) PSY 101 Intro to Psych	3	_____
E. Physical and Biological Sciences		
a) BIO 201 Anat.& Phys	4	_____
b) BIO 202 Anat. & Phys II	4	_____
F. Additional Courses		
a) ^SPC 215 Public Speaking	3	_____
b) ^SPA 102 Elementary Spanish II	4	_____

Major Area Courses (AWC) 23 credits

EXW 100 Health & Well	3	_____
EXW 101 Concepts of Kin & Phys	2	_____
EXW 212 Exercise Sci.	3	_____
MAT 270/PSY 230 Statistics	4	_____
NTR 201 Nutrition	3	_____

Select emphasis area and complete 9 credits:

- Fitness & Exercise
- Health & Fitness

^Requirement for UA degree

AA in Exercise, Wellness and Nutrition
 Completion of AGE C-A and selected coursework
 would permit a student eligibility for an AA in
 Exercise, Wellness and Nutrition

UNIVERSITY OF ARIZONA-YUMA COURSES

Major Courses UA	Units
ALC 422 Communicating Knowledge	3 _____
ASM 195 Intro to UA	1 _____
*BIO 181 General Biology I	4 _____
*BIO 182 General Biology II	4 _____
*BIO 205 Microbiology	4 _____
BIOC 384 Foundations in Biochemistry	3 _____
BIOC 385 Metabolic Biochemistry	3 _____
*CHM 151 General Chem I	4 _____
*CHM 152 General Chem II	4 _____
*CHM 235 General Organic Chem I	5 _____
*CHM 236 General Organic Chem II	4 _____
NSC 225 Found. Skills in Nut. Science	2 _____
NSC 260 Nut. Comm. & Sci Literacy	3 _____
NSC 301 Nutrition & Life Cycle	3 _____
NSC 308 Nutrition and Metabolism	3 _____
NSC 325 Med Nutrition Theory	4 _____
NSC 351R/L Fund of Food Sci	4 _____
NSC 358R/L Instit. Food Manage.	4 _____
NSC 395A Exper. Learning in Nut Sci	2 _____
NSC 396A Survey of Nutr. Careers	1 _____
NSC 408 Nutritional Biology	3 _____
NSC 420 Nutritional Counseling	2 _____
NSC 425 Medical Nutrition I	4 _____
NSC 435 Medical Nutrition II	4 _____
NSC 444 Community Nutrition	3 _____
NSC 458 Food Service Org & Manage	3 _____
NSC 495A Dietetic Internship Prep	1 _____

*Class taken through AWC

BS in Nutritional Science w/emphasis in Dietetics
120 Total Units
 Second Semester Foreign Language must be completed

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