Mission Statement
The mission of our AWC Alcohol, Other Drugs and Violence Prevention Program (AODV) is to educate, support and encourage students and staff to make healthy choices concerning the use of alcohol and other drugs while promoting a safe, healthy and learning-conducive environment.

How to Help
Warning Signs
If you know someone who has problems related to drinking alcohol or other drug use, you are not alone. You don’t have to be an expert to know if your friend has a problem. If she/he has these kinds of troubles related to alcohol or other drugs, your friend may need to talk with someone.

Here are some warning signs to watch for:

Does He or She
• Try to hide his/her drinking or other drug use?
• Not remember what happened while he or she was using drugs or drinking?
• Have problems in job or school performance?
• Take physical risks, like driving, biking, or swimming, while intoxicated?
• Avoid talking about drinking or drug use, except to brag about how much was drunk or how high he or she got?
• Think about “getting high” a lot?
• Limit friends to those who drink or use drugs a lot?
• Seem unable to have a good time or to party unless alcohol or drugs are available?
• Say he or she sometimes “needs” a drink or drug?
• Get angry when you mention your concerns and deny that there is anything wrong?
• Have a history of alcohol or other drug problems in the family?

Resources:
Alcoholics Anonymous (928) 782-2605
Al-Anon (928) 783-2011
Catholic Community Services (928) 314-9400
Crossroads Mission (928) 783-9362
Cenpatico Behavior Health (866) 495-6738
24-Hour Crisis Line (866) 495-6735

In compliance with the Drug-Free Schools and Communities Act Amendment of 1989, Public Law 101-226, AWC is committed to providing a drug-free learning environment. The unlawful manufacture, distribution, sale, possession, or use of illegal drugs or alcohol at AWC is prohibited. Each student is responsible for behavior that does not adversely affect safety, health, or the learning process of himself or others. Use of drugs and/or alcohol on the AWC campus will be cause for disciplinary action.

Arizona Western College

Student Alcohol & Drug-Free Policy & Prevention Program
www.azwestern.edu
Drug and Alcohol-Free Environment

Arizona Western College recognizes the drug and alcohol dependency to be an illness and major health problem. The College also classifies drug usage and abuse as a potential safety and security problem. An alcohol prevention program is administered through the AWC Health Services office to include education, self-appraisal activities, and referral to community resources. A Behavioral Health Coordinator is also available in assisting students in accessing referral for treatment and ongoing follow-up through community resources.

Arizona Western College will provide a drug-and alcohol-free environment for its employees and students. No employee or student will unlawfully manufacture, distribute, possess or use a controlled substance or alcohol on the campus. A controlled substance is defined according to Title 21 USC Section 801 (Schedules I-IV) as now enacted or subsequently amended.

Under these guidelines, courts can sentence a person for up to six years imprisonment can result from a conviction of possession of a controlled substance that results in death or bodily injury. Possession of more than five grams of a controlled substance will result in a sentence of life imprisonment.

Through its Federal Sentencing Guidelines, the federal government regulates the discretionary penalties against drug possession and trafficking. The Arizona Western College Student Code of Conduct prohibits drug and alcohol related behavior. Violations of this policy will result in disciplinary action, which may include but is not limited to probation, suspension, termination, or expulsion and referral for prosecution. Additionally, residence hall students found in violation of this policy may lose further privilege of living in on campus residences. Specifically, Article 2 of Prohibited Conduct states, ‘An individual shall not possess, sell, offer to sell, purchase, offer to purchase, use or transfer illegal drugs, drug paraphernalia or alcohol; or be under the influence of alcohol, drugs or medication (except as prescribed by a physician and used in accordance with the prescription).’ The term "drug" includes any narcotic, dangerous drug, steroid, vapor releasing toxic substance, marijuana, controlled substance (illicit or otherwise) as defined by law. The term “medication” means any substance that is available legally by prescription only. Students involved in alcohol and for drug related incidents with AWC Campus Police will be cited in accordance with Arizona state laws and referred to appropriate authorities for prosecution.

Federal Legal Sanctions

STIMULANTS (uppers): Increase alertness, energy, physical activity, and feelings of well-being (caffeine and nicotine are also considered stimulants).

<table>
<thead>
<tr>
<th>DRUG TYPE</th>
<th>NAME (SLANG)</th>
<th>IMMEDIATE EFFECTS</th>
<th>COMPLICATIONS/LONG-TERM EFFECTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amphetamines</td>
<td>ADHD medications (e.g., Adderall, Ritalin), Provigil, diet pills (e.g., Desadin, Ephedra), MDMA (Ecstasy)</td>
<td>Euphoria, increased alertness, excitation, decreased appetite, insomnia, restlessness, rapid heartbeat</td>
<td>Nervousness, paranoia, hallucinations, dizziness, tremors, malnutrition, insomnia, skin disorders, delusions, violent or psychotic mood or behaviors, decreased mental ability or permanent brain damage, sexual impotence, suicides, death.</td>
</tr>
<tr>
<td>Cocaine</td>
<td>Cocaine powder (blacks, snow), isomerized coke (crack, roly)</td>
<td>Brief euphoria, increased energy, intense exhilaration</td>
<td>Tremors, nasal bleeding and inflammation, toxic psychosis, seizures, delusions, and also available to assist patients in accessing referral for treatment and ongoing follow-up through community resources.</td>
</tr>
</tbody>
</table>
| DEPRESSANTS (downers): Decrease body processes such as breathing, heartbeat, and brain activity.

Alcohol | Beer, wine, liquor, some medicines | Muscle relaxation, intoxication, depression, impaired motor control, memory, and judgment. |
| Transmitters | Valium, Librium, Equanil, Miltens, Thorazine, Rohypnol (roofies, roach, rope) | Relief of tension and anxiety, drowsiness. |
| Barbiturates | Nembutal, Amytal, Seconal, Phenobarbital (bars, reds, yellows) | Euphoria, relief of anxiety, loss of inhibition, muscle relaxation, loss of motor control, drowsiness. |
| Narcotics | Heroin (dope, smack), Morphine, Opium (code, Methadone, Demeral) | Euphoria, drowsiness, painkiller. |
| Inhalants | Solvents (paint thinners, gas), amyl/n-butyl nitrate (ropers), gases (Butane, propane, nitrous oxide, aerosol propellants), glue | Lowered blood pressure, relaxation of spincter muscles, feeling of heightened sexual arousal. |
| Gamma Hydroxy Butyrate | GHB, GBH-B, GBL, Georgia Home Boys (liquid X) | Confusion, drowsiness, memory loss, disorientation. |

ADAPTED FROM AMERICAN COLLEGE OF HEALTH BROCHURE ‘DRUG USE AND YOU’/ SYNTHETIC DRUGS SUBMITTED BY M.A. PARSTON.

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<tr>
<td>Cocaine</td>
<td>Euphoria, increased alertness, excitation, decreased appetite, insomnia, restlessness, rapid heartbeat.</td>
<td>Depression, high blood pressure, physical after use, psychosis (&quot;freaking out&quot;), exaggerated body distortion, fears of death, paranoia, amnesia, flashbacks, adverse drug reaction, respiratory arrest.</td>
</tr>
<tr>
<td>Hallucinogens</td>
<td>LSD (acid), MDMA (Ecstasy), Peyote, DMT, STP, Ketamine (K, Special K)</td>
<td>Impaired driving ability, possible lung damage, reduced sperm count and motility, damage from impure dose.</td>
</tr>
<tr>
<td>Synthetic Drugs</td>
<td>Mephedrone, Methylenedioxymethamphetamine Substances</td>
<td>Euphoria, increased alertness, excitation, decreased appetite, insomnia, restlessness, rapid heartbeat.</td>
</tr>
<tr>
<td>Cathinomimetic Substances</td>
<td>Mephedrone</td>
<td>Acts as a CNS stimulant: seizures, violent behavior, euphoria, chest pain, hallucinations, excitation, decreased appetite/sleep, insomnia, restlessness.</td>
</tr>
<tr>
<td>Cannabinomimetic Substances</td>
<td>Mephedrone, Meth, Bath Salts, Blends, Cloud 9, Blue Silk, Ivory Wave, White Lightning, Zeas 2</td>
<td>Intense aural and visual hallucinations, nausea, vomiting, anxiety, panic attacks.</td>
</tr>
<tr>
<td>Methylenedioxymethamphetamine Substances</td>
<td>Mephedrone, Meth, Bath Salts, Blends, Cloud 9, Blue Silk, Ivory Wave, White Lightning, Zeas 2</td>
<td>Intense aural and visual hallucinations, nausea, vomiting, anxiety, panic attacks.</td>
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Acute anxiety or paranoia, panic attacks, fear of being watched or attacked. Depression, high blood pressure, physical after use, psychosis ("freaking out"), exaggerated body distortion, fears of death, paranoia, amnesia, flashbacks, adverse drug reaction, respiratory arrest. |