

My Major Exploration List

This list will assist you in narrowing down your Major / Career options while reflecting you. It is a tool to assist you in making Your Major Decision.

- 1. List all of the Majors / Careers that you are considering.
- 2. Based on your inventory results, list your top 3 values, interests, and skills.
- 3. Connect the Majors / Careers that you are considering with your top 3 values, interests, and skills and narrow your list down to the top 3 Majors/Careers that are best for you.
- 4. After extensive research of your top 3 Majors/Careers narrow your list down to your Major.

| | Values: |
|-----------------------|-------------|
| | |
| | Skills: |
| Top 3 Majors/Careers: | |
| My Major is: | |