



Job Shadowing

Job shadowing lets students experience a work setting by “shadowing” a professional as he/she performs typical work functions. Job shadowing opportunities are targeted to the student’s career or occupational interest. It is a temporary, unpaid exposure to the workplace. Typically, a job shadowing experience will last a few hours or perhaps a full work day. Almost any workplace is a potential job shadowing site.

The value of job shadowing is that it promotes career awareness and serves to model appropriate behavior at the work site. Most job shadowing opportunities do not provide the opportunity for students to practice or acquire new skills. Students are there to observe only.

- ❖ Research Companies and Careers through Job Shadowing

<https://www.livecareer.com/resources/jobs/search/job-shadowing>