



Career Interest Inventories

An interest inventory asks you to respond to a series of statements to determine what work activities you would enjoy doing. A typical statement might be phrased like this: *Call on customers to introduce and sell new products.* You then respond ask by indicating whether you like, dislike or are neutral about the subject. Most inventories have 50 – 200 statements. Skills or prior experience are not important in responding to the interest inventory statements. The only thing that counts is your level of interest.

Free Inventories

- ❖ Career One Stop Mini Interest Profiler <https://www.careeronestop.org/ExploreCareers/>
- ❖ O*Net Interest Profiler: <http://www.mynextmove.org/explore/ip>
- ❖ AZ-CIS (Arizona Career Information System): <https://azcis.intocareers.org/>
- ❖ California Career Zone: <http://www.cacareerzone.org/ip/>

Fee-based Inventories

- ❖ My Plan: <https://www.myplan.com/assess/interests.php>
- ❖ Strengths Quest: <https://www.strengthsquest.com/schoolaccess/>
- ❖ Self-Directed Search: <http://www.self-directed-search.com/>
- ❖ Myers-Briggs Type Indicator: <http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/>