

## Career Interest Inventories

An interest inventory asks you to respond to a series of statements to determine what work activities you would enjoy doing. A typical statement might be phrased like this: *Call on customers to introduce and sell new products.* You then respond ask by indicating whether you like, dislike or are neutral about the subject. Most inventories have 50 – 200 statements. Skills or prior experience are not important in responding to the interest inventory statements. The only thing that counts is your level of interest.

### Free Inventories

- ❖ O\*Net Interest Profiler: <http://www.mynextmove.org/explore/ip>
- ❖ Keirsey Temperament Sorter: <http://www.keirsey.com/sorter/instruments2.aspx?partid=0>
- ❖ AZ-CIS (Arizona Career Information System): <https://azcis.intocareers.org/>
- ❖ California Career Zone: <http://www.cacareerzone.org/ip/>
- ❖ Jung Typology Test (Based on Myers-Briggs Typology Inventory):  
<http://www.humanmetrics.com/cgi-win/JTypes2.asp>

### Fee-based Inventories

- ❖ My Plan:  
<http://www.myplan.com/assess/interests.php?sid=dc8b63a42e49d65cddc93ac249cfd24>
- ❖ Strengths Quest: <https://www.strengthsquest.com/schoolaccess/>
- ❖ Self-Directed Search: <http://www.self-directed-search.com/>
- ❖ Myers-Briggs Type Indicator: <http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/>