

Arizona Western College  
Dr. Kathryn A. Watson  
Child Development Learning Lab  
**Hummingbird Schedule-Infant**

**Morning**

- Greetings and Arrival
- Diapering
- Feeding
- Indoor Activities

**Mid Morning**

- Nap
- Diapering
- Outdoor Activities

**Afternoon**

- Feeding
- Indoor Activities
- Diapering
- Nap

**Mid Afternoon**

- Feeding
- Outdoor Activities
- Diapering

**Evening**

- Indoor Activities
- Nap
- Diapering
- Feeding
- Departure

**Infants' Schedule is based on individual needs of the Infants and subject to change on a daily basis.**

**Arizona Western College  
Dr. Kathryn A. Watson Child  
Development Learning Lab  
Roadrunner Schedule-Toddler 1**

<b>6:30am-8:00am</b>	<b>-Planning/Preparation Time -Hellos and Goodbyes -Dressing -Eating and Meal Time (Breakfast)</b>
<b>8:00am-9:00am</b>	<b>-Indoor Play/Experiences -Diapering and Toileting (as needed throughout the day) -Eating and Meal Time (AM Snack) -Clean up</b>
<b>9:00am-10:00am</b>	<b>-Dressing -Outdoor Play/Experiences -Hygiene</b>
<b>10:00am-11:00am</b>	<b>-Diapering -Indoor Play/Experiences -Teacher Initiated Experience/Story/Flannel/Songs</b>
<b>11:00am-11:30am</b>	<b>-Eating and Meal Time (Lunch and Oral Hygiene)</b>
<b>11:30am-1:30pm</b>	<b>-Sleep and Nap Time</b>
<b>1:30pm-2:15pm</b>	<b>-Diapering and Toileting -Eating and Meal Time (Snack PM)</b>
<b>2:15pm-3:15pm</b>	<b>-Dressing -Outdoor Play/Experiences -Hygiene</b>
<b>3:15pm-4:00pm</b>	<b>-Teacher Initiated Experience -Story Time/Flannel Stories/Finger Play -Math Games -Science -Art -Music and Movement</b>
<b>4:00pm-5:00pm</b>	<b>-Indoor Play/Experiences -Diapering -Clean Up</b>
<b>5:00pm-5:30pm</b>	<b>-Hellos and Goodbyes -Dressing -Planning and Reflection</b>

*Schedule is subject to change to meet the needs of the children as they grow.*

**Arizona Western College  
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Child Development Learning Lab  
Jackrabbits Schedule-Toddler Twos**

<b>6:30 -7:30</b>	<b>Hellos and Good-byes, Hand Washing, breakfast, Toileting, and Indoor Play.</b>
<b>7:30-8:00</b>	<b>Children return to their Classroom, Diapering, Toileting</b>
<b>8:00-8:30</b>	<b>Indoor Play, Dressing (help children take off and store their outer wear).</b>
<b>8:30-9:00</b>	<b>Circle Time, Hand Wash, Clean Up Time</b>
<b>9:00-9:15</b>	<b>Morning Snack</b>
<b>9:15-9:45</b>	<b>Art Activity, Free Choice (indoor play/centers)</b>
<b>9:45-10:15</b>	<b>Outdoor Play/Free choice</b>
<b>10:15-11:00</b>	<b>Hand Wash, Story Time, Diaper Change, Toileting</b>
<b>11:00-11:20</b>	<b>Lunch Time</b>
<b>11:20-11:30</b>	<b>Hand Wash and Tooth brushing</b>
<b>11:30-1:30</b>	<b>Nap Time</b>
<b>1:30-2:00</b>	<b>Diapering and Toileting</b>
<b>2:00-2:30</b>	<b>Hand Washing and Art Activities</b>
<b>2:30-2:45</b>	<b>Snack Time</b>
<b>2:45-3:00</b>	<b>Hand Washing</b>
<b>3:00-3:30</b>	<b>Indoor Activities and Story Time</b>
<b>3:30-4:15</b>	<b>Outdoor Time</b>
<b>4:15- 4:30</b>	<b>Hand Washing, Indoor Play, Centers</b>
<b>4:30-5:15</b>	<b>Diapering, Toileting, Prepare to go Home</b>
<b>5:15- 5:30</b>	<b>Hellos and Good Byes</b>

*Schedule is subject to change*

*Updated 8/11 jg*

**Arizona Western College  
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Child Development Learning Lab  
Scorpion Schedule-Preschool**

<b>6:30 – 8:45</b>	<b>Arrival</b>
<b>8:45 – 9:00</b>	<b>Morning Meeting</b>
<b>9:00 – 9:15</b>	<b>Hygiene / Snack</b>
<b>9:15 – 10:20</b>	<b>Indoor Free Choice</b>
<b>10:20 – 11:20</b>	<b>Outdoor Free Choice</b>
<b>10:20 – 11:30</b>	<b>Read Aloud</b>
<b>11:30 – 12:15</b>	<b>Lunch</b>
<b>12:15-2:00</b>	<b>Rest Time</b>
<b>2:00-3:00</b>	<b>Free Snack</b>
<b>2:00-3:30</b>	<b>Indoor Free choice</b>
<b>3:30 – 3:45</b>	<b>Afternoon Meeting</b>
<b>3:45 – 4:45</b>	<b>Outdoor Free Choice</b>
<b>4:45 – 5:30</b>	<b>Limited Free Choice</b>

Updated 8/11 jg.