

OCCUPATIONAL CERTIFICATE (CERT) AWC ADVISEMENT CHECK SHEET

To help you decide upon which courses to include in both the major and elective blocks, you and your Academic Advisor should consult the university transfer guides for specific required and recommended courses; the university transfer guides can be found at www.aztransfer.com.

MASSAGE THERAPY

Student Name	ID #	Advisor	Major Code: CERT.MASTH Credits: 37
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This program is designed to provide students with the essential skills to become a massage therapist. The curriculum focuses on integration of the physical, emotional, and spiritual aspects of the individual while providing the philosophical foundation and technical skills required to perform therapeutic massage. Students are prepared to manage a private massage practice and work in collaboration with other healthcare field professionals. This course meets the requirement for state certification as a Massage Therapist.

Pre-requisites (7 Credits)		Cr	Gr	Sem	Notes
BIO 160	Anatomy and Physiology	4			
LMT 106	Healthy Living OR	4			
WED 110	Concepts of Wellness	3			
Required Major Courses (30 Credits)		Cr	Gr	Sem	Notes
LMT 114	Massage Techniques 1	5			
LMT 124	Essential Sciences for Therapeutic Bodywork 1	5			
LMT 131	Complementary Bodywork Systems	3			
LMT 140	Business Practices for Massage and Bodyworkers	2			
LMT 141	Professionalism and Ethics of Bodywork	1			
LMT 214	Massage Techniques 2	5			
LMT 215	Clinical Practicum OR	4			
LMT 240	Massage Therapy Internship	4			
LMT 224	Essential Sciences for Therapeutic Bodywork 2	5			