

ASSOCIATE IN APPLIED SCIENCE (A.A.S) AWC ADVISEMENT CHECK SHEET

To help you decide upon which courses to include in both the major and elective blocks, you and your Academic Advisor should consult the university transfer guides for specific required and recommended courses; the university transfer guides can be found at www.aztransfer.com.

MASSAGE THERAPY

Student Name	ID #	Advisor	Major Code: AAS.MASTH Credits: 64
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This program is designed to provide students with the essential skills to become a massage therapist. The curriculum focuses on integration of the physical, emotional, and spiritual aspects of the individual while providing the philosophical foundation and technical skills required to perform therapeutic massage. Students are prepared to manage a private massage practice and work in collaboration with other healthcare professionals. This program meets the requirement for state certification as a Massage Therapist

Pre-requisites (7 credits)		Cr	Gr	Sem	App*	Notes
BIO 160	Anatomy and Physiology	4			<input type="checkbox"/>	
LMT 106	Healthy Living OR	3			<input type="checkbox"/>	
WED 110	Concepts of Wellness	3			<input type="checkbox"/>	
Required Major Courses (30 Credits)		Cr	Gr	Sem	App*	Notes
LMT 114	Massage Techniques 1	5			<input type="checkbox"/>	
LMT 124	Essential Sciences for Therapeutic Bodywork 1	5			<input type="checkbox"/>	
LMT 131	Complementary Bodywork Systems	3			<input type="checkbox"/>	
LMT 140	Business Practices for Massage and Bodyworkers	2			<input type="checkbox"/>	
LMT 141	Professionalism and Ethics of Bodywork	1			<input type="checkbox"/>	
LMT 214	Massage Techniques 2	5			<input type="checkbox"/>	
LMT 215	Clinical Practicum OR	4			<input type="checkbox"/>	
LMT 240	Therapy Internship	4			<input type="checkbox"/>	
LMT 224	Essential Sciences for Therapeutic Bodywork 2	5			<input type="checkbox"/>	
General Education Requirements (17 Credits)		Cr	Gr	Sem	App*	Notes

See the AAS GE course list in the current catalog for selection of courses.

English Composition - ENG 100, 101 OR 102 (6 credits)						
		3			<input type="checkbox"/>	
		3			<input type="checkbox"/>	
Mathematics (3 credits)						
MAT 105	Mathematics for the Applied Sciences OR approved higher level math	3			<input type="checkbox"/>	
					<input type="checkbox"/>	
Arts/Humanities (3 credits)						
					<input type="checkbox"/>	
Social and Behavioral Sciences (3 credits)						
					<input type="checkbox"/>	
Physical and Biological Sciences						
BIO 160 - filled by pre-requisite above						
Options (2 credits)						
					<input type="checkbox"/>	
					<input type="checkbox"/>	
General Electives (10 Credits)		Cr	Gr	Sem	App*	Notes
					<input type="checkbox"/>	
					<input type="checkbox"/>	
					<input type="checkbox"/>	
					<input type="checkbox"/>	

***Dual Application of Courses** is the sharing of coursework between the AGEC and major or program requirements which allows the student to meet both requirements with a single course. Students must still meet the required number of credits to satisfy the program or degree. This dual application of courses gives students the opportunity to include additional course work under general electives.

List any courses used to satisfy program or degree credits due to dual application:	Cr	Gr	Sem	App*	Notes
				<input type="checkbox"/>	
				<input type="checkbox"/>	
				<input type="checkbox"/>	
				<input type="checkbox"/>	