

**ARIZONA WESTERN COLLEGE****SYLLABUS**

## NUR 101 NURSING ASSISTANT

Credit Hours: 5 (consisting of lecture, lab, and clinical sessions)

PREREQUISITES: Admission to the Nursing Assistant Program

COURSE DESCRIPTION

This course focuses on applying client self-care concepts and basic procedures relative to fundamentals of nursing, communication, nutrition, anatomy and physiology, medical terminology, legal/ethical issues, and aging. The concepts and procedures are introduced in the classroom and practiced in the college laboratory before implementation under faculty supervision in a clinical setting. This course prepares the learner for taking the certification examination to become a certified nursing assistant.

1. COURSE GOAL

- 1.1 Safely perform fundamental nursing actions in the laboratory and in providing individualized client care in a clinical setting.
- 1.2 Apply basic concepts of communication and nutrition in providing nursing assistant care to clients in a clinical setting.
- 1.3 Demonstrate behaviors that meet legal/ethical standards of nursing assistants in a clinical setting.
- 1.4 Maintain a safe environment for the client in a clinical setting.
- 1.5 Apply the role of the nursing assistant when caring for aged clients in a clinical setting.

2. COMPETENCIES

Upon satisfactory completion of this course, students will be able to:

- 2.1 demonstrate effective verbal and non-verbal communication with clients, family members, staff nurses, co-workers.
- 2.2 record observations using appropriate medical terminology and abbreviations in completing clinical assignments.
- 2.3 adhere to client's rights as set forth in the "Client's Bill of Rights".
- 2.4 maintain standards set forth to promote client safety and comfort.
- 2.5 perform basic first aid, cardiopulmonary resuscitation (CPR) and the Heimlich Maneuver.
- 2.6 apply principles of basic nutrition while preparing, serving and feeding clients.
- 2.7 identify the organization of the human body, its systems, structure and functions.
- 2.8 demonstrate general principles of medical asepsis.
- 2.9 demonstrate nursing skills in the college laboratory and in client care settings.
- 2.10 identify factors and appropriate actions to prevent suspected abuse and report suspected abuse to appropriate authorities.
- 2.11 discuss legal and ethical issues related to care of clients in health care agencies.
- 2.12 describe the role of the nursing assistant in extended care and other health care facilities.
- 2.13 provide personal care for assigned clients.

### 3. STUDENT RESPONSIBILITIES

- 3.1 Under AWC policy, students are expected to attend every session of class in which they are enrolled.
- 3.2 If a student is unable to attend the course or must drop the course for any reason, it will be the responsibility of the student to withdraw from the course. Students who are not attending as of the 45th day of the course will be withdrawn by the instructor. If the student does not withdraw from the course and fails to complete the requirements of the course, the student will receive a failing grade.
- 3.3 Americans with Disabilities Act Accommodations: Arizona Western College provides academic accommodations to students with disabilities through AccessABILITY Resource Services (ARS). ARS provides reasonable and appropriate accommodations to students who have documented disabilities. It is the responsibility of the student to make the ARS Coordinator aware of the need for accommodations in the classroom prior to the beginning of the semester. Students should follow up with their instructors once the semester begins. To make an appointment call the ARS front desk at (928) 344-7674 or ARS Coordinator at (928) 344-7629, in the College Community Center (3C) building, next to Advising.
- 3.4 Academic Integrity: Any student participating in acts of academic dishonesty including, but not limited to, copying the work of other students, using unauthorized “crib notes”, plagiarism, stealing tests, or forging an instructor’s signature—will be subject to the procedures and consequences outlined in AWC’s Student Code of Conduct.
- 3.5 Texts and Notebooks: Students are required to obtain the class materials for the course.
- 3.6 Purchase specified uniform, shoes, and name pin for clinical.
- 3.7 Confidentiality Statement: Maintain client confidentiality at all times. No discussions regarding clients shall be acceptable outside the classroom or laboratory setting. In these areas, all discussion related to clients must take place in a location where the conversation cannot be overheard by those not involved in the specific client’s care. In reference to actual client experiences, the client shall be referred to by initials only.
- 3.8 Complete all assignments on dates due.
- 3.9 Participate in class discussions and activities.
- 3.10 Take all quizzes and exams on dates scheduled.

### 4. METHODS OF INSTRUCTION

- 4.1 Readings in text
- 4.2 Lecture
- 4.3 Audio-visual materials
- 4.4 Classroom discussion and activities
- 4.5 Supervised laboratory experiences
- 4.6 Supervised clinical experiences

### 5. LEARNING ACTIVITIES

- 5.1 Student centered class discussion
- 5.2 Written assignments
- 5.3 Lab practice and check-off
- 5.4 Clinical experience
- 5.5 Clinical conferences
- 5.6 Self-evaluation

## 6. EVALUATION

- 6.1 In the course, grades will be based upon results of:
- a. scheduled quizzes
  - b. written examinations
  - c. practical examinations
  - d. and additional assignments as required by the instructor.

Quizzes, written examinations, and other assignments as required by the instructor will comprise 50% of total grade and the practical examination will comprise 50% of total grade.

- 6.2 Grades will be assigned as follows:

92.0 - 100%	=A
83.0 - 91.9%	=B
75.0 - 82.9%	=C
66.0 - 74.9%	=D
Below 66.0%	=F

- Please note that the Arizona State Board of Nursing requires 75% or greater on theoretical examinations and 80% on skills evaluations.
- The General Occupational Certificate requirements in the AWC General Course Catalog states: "Student must maintain a 2.0 (C) or higher grade in all courses specified in the certificate program."