

ARIZONA WESTERN COLLEGE
SYLLABUS

AHE 135 OVERVIEW OF MOVEMENT THERAPIES

Credit Hours: 2 Lec 1 Lab .5COURSE DESCRIPTION

Survey of health, exploration of mind-body-spirit connection in health, various therapeutic modalities, identification of strengths and limitation of movement based therapies.

1. COURSE GOAL

Identify various movement therapies and their effect on health and wellness

2. OUTCOMES

Upon satisfactory completion of this course, the student will be able to:

- 2.1 define movement therapy.
- 2.2 identify and compare a variety of movement based therapeutic systems.
- 2.3 describe the importance of human movement and its connection to health and healing.
- 2.4 identify both the strengths and limitations of movement therapy modalities in the creation of health and healing.
- 2.5 demonstrate the ability to research various movement based therapeutic systems and critically analyze the success of each in long term healing.

3. METHODS OF INSTRUCTION

- 3.1 Lecture
- 3.2 Multi-media presentations
- 3.3 Group discussions

4. LEARNING ACTIVITIES

- 4.1 Group discussions
- 4.2 Written and reading assignments
- 4.3 Oral presentations
- 4.4 Classroom demonstrations

5. EVALUATION

- 5.1 Class participation
- 5.2 Homework assignments
- 5.3 Quizzes
- 5.4 Final exam

6. STUDENT RESPONSIBILITIES

- 6.1 Under AWC Policy, students are expected to attend every session of class in which they are enrolled.
- 6.2 If a student is unable to attend the course or must drop the course for any reason, it will be the responsibility of the student to withdraw from the course. Students who are not attending as of the 45th day of the course may be withdrawn by the instructor. If the student does not withdraw from the course and fails to complete the requirements of the course, the student will receive a failing grade.

- 6.3 Americans with Disabilities Act Accommodations: Arizona Western College provides academic accommodations to students with disabilities through AccessABILITY Resource Services (ARS). ARS provides reasonable and appropriate accommodations to students who have documented disabilities. It is the responsibility of the student to make the ARS Coordinator aware of the need for accommodations in the classroom prior to the beginning of the semester. Students should follow up with their instructors once the semester begins. To make an appointment call the ARS front desk at (928) 344-7674 or ARS Coordinator at (928) 344-7629, in the College Community Center (3C) building, next to Advising.
- 6.4 Academic Integrity: Any student participating in acts of academic dishonesty—including, but not limited to, copying the work of other students, using unauthorized “crib notes”, plagiarism, stealing tests, or forging an instructor’s signature—will be subject to the procedures and consequences outlined in AWC’s Student Code of Conduct.
- 6.5 Texts and Notebooks: Students are required to obtain the class materials for the course.
- 6.6 Arizona Western College students are expected to attend every class session in which they are enrolled. To comply with Federal Financial Aid regulations (34 CFR 668.21), Arizona Western College (AWC) has established an Attendance Verification process for "No Show" reporting during the first 10 days of each semester. Students who have enrolled but have never attended class may be issued a “No Show” (NS) grade by the professor or instructor and receive a final grade of “NS” on their official academic record. An NS grade may result in a student losing their federal financial aid.
- For online classes, *student attendance in an online class is defined as the following* (FSA Handbook, 2012, 5-90):
- Submitting an academic assignment
 - Taking an exam, an interactive tutorial or computer-assisted instruction
 - Attending a study group that is assigned by the school
 - Participating in an online discussion about academic matters
 - Initiating contact with a faculty member to ask a question about the academic subject studied in the course